By Brooke Lowry, PharmD, and David Johnson, PharmD

The practice of pharmacy has hit the gridiron as the University of Pittsburgh School of Pharmacy and UPMC welcome a new residency program in sports medicine. At first glance, the involvement of a pharmacist in sports medicine may seem unconventional; however, there is a rich precedence of pharmaceutical care within athletics.

In the spirit of Ambrose’s pioneer effort to progress the pharmacist’s role in all aspects of sports pharmacy and doping control,” Peter Ambrose, PharmD, has been involved in the discipline of sports pharmacy since the mid-1980s when he was a crew chief for drug testing with the National Collegiate Athletic Association. Ambrose currently is a faculty member at the University of California at San Francisco School of Pharmacy, where he continues to expose future pharmacists to the practice of sports pharmacy.

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Stephen Davis, PharmD
PGY2: Health System Pharmacy
Practice Administration
UPMC Presbyterian Shadyside

Stephen is originally from Mobile, Ala. He received his PharmD from Auburn University Harrison School of Pharmacy in 2008. He will be completing the second year of a two-year health system pharmacy administration residency and combined MS program. Stephen enjoys spending time with family and friends, playing basketball, and video games. On Saturdays in the fall, he can usually be found watching college football.

Monica Dorobisz, PharmD
PGY2: Infectious Diseases Pharmacy
UPMC Presbyterian Shadyside

Monica grew up in Chicopee, Mass., and earned her PharmD in 2008 at Northeastern University at UPMC Presbyterian Shadyside. She enjoys drawing, swimming, going to the beach, roller coasters, and being an avid Boston sports fan.

Garrett Eggers, PharmD
PGY1: Health System Pharmacy
Practice Administration
UPMC Presbyterian Shadyside

Garrett is from Milwaukee, Wis., and received his PharmD from the University of Wisconsin in 2008. For the past year, Garrett practiced as a pharmacist at Froedtert Hospital in Milwaukee. He is interested in pursuing a career in pharmacy operations management. In his free time, Garrett enjoys traveling, watching sports, and playing guitar.

Shara Elrod, PharmD
PGY2: Ambulatory Pharmacy
UPMC Presbyterian Shadyside

Shara graduated from the University of Texas at Austin College of Pharmacy in 2008. After completing a community pharmacy residency at UPMC Falk Pharmacy, she decided to stay in Pittsburgh for a PGY2 in ambulatory care to take advantage of the learning opportunities in a large academic medical center. Shara enjoys watching Dallas Cowboys football and playing tennis.

John Foley, PharmD
PGY1: Pharmacy
UPMC Presbyterian Shadyside

John is from Philadelphia, Pa., and earned undergraduate degrees in history and theology at Villanova University. Before receiving his PharmD from Temple University in 2009, he worked in software development and pharmacy automation for McKesson Automation in Pittsburgh. Outside of pharmacy, John enjoys good food and wine, marathon running, hiking the high peaks of the Adirondacks, and World Series parades in Philly.

Elizabeth Forsberg, PharmD
PGY1: Pharmacy
UPMC St. Margaret

Liz grew up in Erie, Pa., and earned her PharmD at the University of Pittsburgh in 2009. She is interested in quality improvements related to patient safety, as well as formulary management. Outside of pharmacy, Liz enjoys art projects, traveling, watching the Food Network, and playing with her kitten, Linus.

Lisa Harinstein, PharmD
PGY2: Critical Care Pharmacy
UPMC Presbyterian Shadyside

Lisa is from Pittsburgh, Pa., and received her PharmD from the University of Michigan College of Pharmacy in 2008. She completed a PGY1 residency at UPSC St. Margaret in 2009. Her goal is to become a critical care specialist and a faculty member at a school of pharmacy. Lisa enjoys spending time with her family and friends, going to the gym, watching the Pittsburgh Steelers and Penguins, and traveling.

Christina Hedrick, PharmD
PGY1: Pharmacy
UPMC Presbyterian Shadyside

Christina grew up in Seneca Rocks, W.Va., and received her PharmD from West Virginia University in 2009. She is looking forward to improving her teaching skills and gaining clinical knowledge this year. She plans to use the PGY1 year to discover her niche in pharmacy. Outside of pharmacy, Christina enjoys traveling, skiing, and spending time with friends and family, and her Chihuahua, Josleen.

David Johnson, PharmD
PGY2: Pharmacy
UPMC Presbyterian Shadyside

David is from South Carolina. He earned his BA in the biological basis of behavior at the University of Pennsylvania in 2005 and his PharmD at the University of Michigan in 2009. His practice interests include solid organ transplant and ambulatory care. David enjoys racquetball, jazz/neo-jazz, soul music, and salsa. He also has a passion for poetry, capoeira, and rooting for the Wolverines.

Jessica Henry, PharmD
PGY1: Pharmacy
UPMC St. Margaret

Jessica is originally from Mechanicburg, Pa. She earned a BS in biology and psychology at Penn State University before receiving her PharmD from the LECOM School of Pharmacy. She is looking forward to the opportunity to explore her interest areas this year including: psychotherapeutics, geriatrics, and pediatrics. Jessica enjoys traveling, skiing, playing the piano, and spending time with her fiancé Jeff and their bulldog, Charlie.

Ashley Holzworth, PharmD
PGY1: Managed Care Pharmacy
UPMC Health Plan

Ashley is from Monaca, Pa. She received her PharmD from the University of Pittsburgh in 2009. She is looking forward to having a wide variety of experiences in the managed care field this year and to gaining knowledge that she can apply to a clinical pharmacist position within a health plan next year. Ashley enjoys spending time with her family and friends, shopping, and cheering for the Steelers.

Matthew Jenkins, PharmD
PGY1: Health System Pharmacy
Practice Administration
UPMC Presbyterian Shadyside

Matt is from Axis, Ala., and received his PharmD from Auburn University in 2009. He is completing the second of two years in a health system pharmacy administration residency at UPMC Presbyterian and will receive his Master of Public Health degree from the University of Pittsburgh Graduate School of Public Health in December 2009. Jeff enjoys fishing, playing guitar, and playing golf.

Brooke Lowry, PharmD
PGY1: Community Pharmacy / Sports Medicine
UPMC Presbyterian Shadyside

Brooke is from Johnstown, Pa., and earned her PharmD at the University of Pittsburgh in 2009. She decided to pursue a pharmacy residency in community practice with a focus in sports medicine after the unique opportunity arose to create a new niche for pharmacists. In her free time, Brooke enjoys spending time with friends and family, being active, and supporting the Super Bowl and Stanley Cup champions.

Amanda Mathe, PharmD
PGY1: Pharmacy
UPMC Mercy

Amanda is from Moon Township, Pa., and received her PharmD from Duquesne University in 2009. She chose to pursue a residency at UPMC Mercy because of its positive learning atmosphere and its longstanding history of being a great teaching hospital. Amanda is excited to explore other areas of pharmacy practice this year. She likes to spend time with her family, bake cookies, enjoy the outdoors, and relax.
Andrea Sadlter, PharmD, MBA  
PGY1: Managed Care Pharmacy  
CVS Caremark

Andrea is from Indianapolis, Ind., and received her PharmD and MBA degrees from Butler University in 2009. This year, she is looking forward to learning about many managed care facets. She chose this program because of the variety of experiences; namely specialty and MTM, and the affiliation with UMPC. In her spare time, Andrea enjoys volleyball, cake decorating, photography, and Pittsburgh explorations.

Meredith Mulvaney, PharmD  
PGY2: Health System Pharmacy  
Practice Administration  
UMPC Presbyterian Shadyside

Meredith is from Reading, Mass., and earned her PharmD at the University of Pittsburgh in 2008. Her interest in pharmacy management arose from an administrative rotation experience and her involvement with organizations. Meredith looks forward to further developing her leadership and management skills in her second year of the residency/MS program. Meredith enjoys cheering for her hometown (Boston) teams and Pitt.

Sarah Steinhardt, PharmD, JD  
PGY1: Health System Pharmacy  
Practice Administration  
UMPC Presbyterian Shadyside

Sarah grew up in West Lafayette, Ind., and earned her PharmD from Purdue University in 2003 and her JD from Indiana University School of Law Indianapolis in 2009. She is interested in gaining experience in the areas of pharmacy management and hospital administration. When not at work, she enjoys spending time with her family and friends, attending concerts, and traveling.

Rameshwar Bhasar, PharmD  
PGY1: Managed Care Pharmacy  
UMPC Health Plan

Rameshwar grew up in Newtown, Pa., and received his PharmD from Philadelphia College of Pharmacy in 2009. He is passionate about the profession of pharmacy and believes pharmacists, being the medication experts, can provide a unique perspective to patient care. Rameshwar enjoys traveling, trying new restaurants, going to the beach, and spending time with family and friends.

Brandon Conforti, PharmD  
PGY1: Community Pharmacy  
Practice Management  
School of Pharmacy in collaboration with CVS Caremark

Brandon earned his PharmD at Wilkes University in 2009. He chose a residency in pharmacy management when the University of Pittsburgh developed a community-based program with CVS Caremark, a company he has worked with for more than nine years. He is looking forward to gaining leadership knowledge through the mentorship and experiences offered through this residency. In his free time, Brandon is a sports official and an avid sports fan.
Residents’ Roar

Where Are They Now?  Residency Class of 2008–09

Cardiology Pharmacy
Roman Goldman
• Unit-Based Clinical Pharmacist
UPMC Presbyterian Shadyside

Community Care Pharmacy
Shara Eind
• PGY2 Ambulatory Care Resident
UPMC Presbyterian Shadyside

Maria Osborne
• Clinical Pharmacist
UPMC St. Margaret/UPMC Health Plan

Critical Care Pharmacy
Pamela (Havlilova) Smithburger
• Assistant Professor
University of Pittsburgh School of Pharmacy

• Clinical Pharmacist, Medical ICU
UPMC Presbyterian Shadyside

Drug Information
Stacy Lava
• Unit-Based Clinical Pharmacist
UPMC Presbyterian Shadyside

Family Medicine
Katherine Sullivan
• Clinical Pharmacist
Dovetail Health
Needham, Mass.

Health System Pharmacy
Practice Administration
Benjamin Anderson
• Pharmacy Manager
HealthEast Care System

Recent Publications by Resident Alumni:
Please see our Web site for a list of recent publications by current and former residents: http://www.pharmacy.pitt.edu/programs/residency/newsletter.html

Please contact us if we are missing any of your recent publications.

Fall 2009

Professional Updates

Neal Benedict (’05) was named the Stan Cohen Teacher of the Year for 2009 at the University of Pittsburgh School of Pharmacy. The award is presented by the graduating class to a faculty member for outstanding teaching during the classroom portion of the professional curriculum.

Jeffrey Brewer (’00) and his family recently relocated to be closer to their extended family. He is now associate professor of pharmacy practice at the Albany College of Pharmacy and Health Science.

Sarah Ost (’07) received the Pharmacy Practitioner of the Year award at the Oregon Society of Health-System Pharmacists annual seminar in 2008.

Erin (Conley) Dietrich (’00) was promoted to vice president, clinical account management, within the Managed Care Division of Express Scripts in 2009.

Shirina (Patel) Duggal (’06, ’07) was named West Virginia University School of Pharmacy’s Preceptor of the Year by the class of 2009.

Brianna Fairchick (’04) and her family recently moved back home to West Virginia when she is now a clinical pharmacy specialist at the Mental Health Clinic at Beckley VA Medical Center.

Daniel Ford (’06) and his family have relocated back home to California where he is now a critical care clinical pharmacist at NorthBay Medical Center in Fairfield, Calif.

Patrick Glasgow (’04) received the Journal of Managed Care Pharmacy (JMCP) Award for Excellence for his manuscript published in the July/August 2008 issue of JMCP. The award recognizes the article published in each calendar year that represents the best scholarly work in managed care pharmacy.

Justine (Shuller) Gortney (’00) and her family have moved to Michigan where she is now assistant professor (clinical) of pharmacy practice at Wayne State University. She has a clinical position with the internal medicine service at Detroit Receiving Hospital.

Bethany (Fedutes) Henderson (’03) received the Sanford-Aventis 2008 Regional Medical Liaison (RML) Fast Start Award in March 2009. This award honors newer medical affairs RMLs for their entrepreneurial spirit and initiative.

Kristen (Mitchem) Hoover (’03) recently accepted a position as clinical pharmacist for Pennsyvania’s Department of Public Welfare, Medical Assistance Program.

Whitney Huyser (’08) completed her PGY2 infectious diseases residency and is now clinical manager, infectious diseases, at the Hospital of St. Raphael in New Haven, Conn.

Michael Kendrach (’93) recently accepted the position of associate dean of academic affairs at Sanford University McPherson College of Pharmacy where he has been a faculty member for more than 15 years.

Pamela (Hucko) Koerner (’00) is now assistant professor of pharmacy practice at Duquesne University Mylan School of Pharmacy.

Asma Lat (’08) completed her PGY2 infectious diseases residency and took an ID position at New York-Presbyterian Hospital, Columbia University Medical Center, in New York City.

Kathy Melbourne (’06) was awarded the distinguished Alvar Fisher Award of Excellence this summer. The award is the highest peer recognition for a medical scientist at Gilead Sciences. The award has special meaning for Kathy since Dr. Fisher was her mentor for over 10 years at her previous position with Coastal Medical in Providence, R.I., where they built a collaborative PhD-MD practice within an innovative private medical group setting.

Nina (LaJeune) Murphy (’00) began a two-year term as the president of the Ohio chapter of the College of Clinical Pharmacy (Ohio College of Clinical Pharmacy) in January 2009. She completed her two-year term as the secretary/treasurer in December 2008.

Marge Snyder (’07) completed her community pharmacy fellowship at the University of Pittsburgh in June and began a new position as assistant professor of pharmacy practice at Purdue University School of Pharmacy and Pharmaceutical Sciences in Indianapolis, Ind.

Erin Subhie (’08) is now working at UPMC as a clinical pharmacist in the Benedin Geriatrics Clinic.

Michael Vozniak (’03) was recently elected to the position of secretary of the Harrison O nationality (HOPA) for 2009-2010 and will serve on the Board of Directors from 2009-2011.

Andrea Wilson (’07) recently accepted a position with NovoBordisk as the mid-Atlantic medical scientific liaison for diabetes in the east area.

Newly BPS-certified in 2008: Lisa Shiel (’08), Cassandra Son (’07), Jessica (Bollinger) Benson (’06), David Dern (’07), Jacki Dix (’02), Laura Knuegg (’06), Linda Paukovic (’07), Lauri Evans (’09, ’07), Aaron Steflams (’02), Katherine Sullivan (’09, ’07), Colleen (Cook) Tobia (’07), Christopher Wiesnieski (’08)

Alumni Updates

Future Residents:
Delaney Esber, born February 26, 2009, daughter of Christina (Schoder) DeRemer (’03, ’04)
Shelby George, born October 1, 2008, daughter of Brianna Fairchick (’04)
Benjamin Roberts, born June 15, 2009, son of Daniel Ford (’08)
Abigail Julienne, born July 2, 2009, daughter of Julie (Kuhl) Legal (’04)
Tyler Nathaniel, born April 10, 2009, son of Jim Marks (’02)
Sawyer Michael, born July 22, 2009, son of Ashley (Jenkins) Miller (’04)
Alexia Gabriela, born May 3, 2009, daughter of Brian Miller (’05, ’10)
Patrick George, born March 26, 2008, son of Nina (Hanger) Murphy (’00)
Aila Shireen, born February 22, 2009, daughter of Umbreen (Idrees) Mustaza (’02)
Delaney Elizabeth, born February 26, 2009, daughter of Brian Miller (’04)
Erin Suhrie (’08)

2009 Graduates:
Sawyer Shireen (’09), born March 26, 2008, daughter of Umbreen (Idrees) Mustaza (’02)
Megan Shireen (’09), born March 26, 2008, daughter of Umbreen (Idrees) Mustaza (’02)

Newly Wed:
Jocelyn Debl (’08) and Michael Hain on September 5, 2009
Gaydos Garcia (’08) and Christian Duenas on August 29, 2009
Stephanie Hamrnan (’08) and Michael McGath on September 27, 2008
Pamela Havrilla (’08, ’09) and Kevin Smithburger on October 25, 2008
Christina Hedrick (’10) and Derek Debsenbury on September 15, 2009

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